

NROTC APPLICATION GUIDE

Naval Reserve Officers Training Corps (NROTC) Midshipmen should inform their Chain of Command of their desire to attend SEAL Officer Assessment and Selection (SOAS) as their 1/C Summer Cruise and seek out current and former SEALs for mentorship.

Midshipmen must submit package during their 2/C year. This package is for consideration to attend SOAS and for the subsequent final Selection Panel held annually in September.

Applications are submitted via the Midshipman's Chain of Command and processed by Naval Service Training Command (NSTC)/OD4. The Midshipman's application is then routed to the SEAL OCM. **Midshipmen are notified by NSTC in the fall of their 1/C year as to final selection.** The SEAL OCM and Detailer will follow-up with selectees with additional information.

References:

NSTC M-1533.2D (Regulations for Officer Development)
OPNAVINST 1420.1B Chapter 4 (Officer Commissioning Programs Administrative Manual)
MANMED P-117 Article 15-105 (Medical Requirements)
MILPERSMAN 1210-220 (NSW Officer)
MILPERSMAN 1220-410 (SEAL PST Requirements)

NSW Officer Package Contents:

1. **NAVPERS Form 1210/9** - Office Data Card (ODC)
2. **Personal Statement**
3. **NSW Application Letter**
4. **Commanding Officer's Recommendation / Duty Preference**
Signed by NROTC unit CO / Include first choice designator (1180 for SEAL Officer)
5. **PST Results Form**
OCM office **DOES NOT** schedule PSTs for applicants. While challenge rate administrators are preferred (SEAL, EOD, Navy Diver), **any E-7 or above** can administer the PST if one is not available. PST should be current within 6 months of package submission.
6. **Resume or Curriculum Vitae**
7. **No more than two (2) Letters of Reference (LOR)**
8. **Official College Transcripts**
Do not mail transcripts to the OCM office. PDF copies are acceptable
9. **Medical Disclaimer** - DD2807-2 & DD2808 hand carried to SOAS
Dive medical officer signature is preferred yet not required to attend summer cruise but **IS required for accession into NSW**

Submit all NSW package items as the following to SEAL_Apply@navy.mil:

1. **NAVPERS 1210/9 ODC – Digital PDF**
2. **All documents in single, numbered order PDF**

Send via DoD Safe or encrypted e-mail if possible, understanding the risk involved unencrypted
Verify receipt within 96 hours of submission